

References and further reading

Dealing with very challenging behaviour

The following links and resources explore the areas discussed in this module in more detail:

Cramer, P. (1991) *The development of defense mechanisms: Theory, research, and assessment*. New York: Springer-Verlag

Cramer, P. (1997) *Evidence for change in children's use of defense mechanisms*. *Journal of Personality*, 65, 233–247

Jennings, Patricia A. (2018) *The trauma-sensitive classroom*, W. W. Norton & Company

Visser, J and Rayner, S. (1999) *Emotional and Behavioural Difficulties: A Reader*. QEd.

[A brief video introduction to core concepts regarding brain structure and function that provide the basis for developmentally sensitive and trauma-informed caregiving, education and therapy](#)

[An exploration into the impact of regular group physical exercise on children's on-task levels and incidents of aggressive behaviour in a residential special school](#)

[Article exploring how to recognise and address trauma, and the support that teachers need](#)

[British Council publication: English Across the Fracture Lines – The emotional health of English language teachers working in tough environments](#)

[Child Trauma Academy articles and resources on the topic of brain development and neuroscience](#)

[Conference talk on dealing with students with challenging behaviour](#)

[Educational resource website which provides teaching resources, tips, videos and articles on all aspects of teaching](#)

[Webinar about dealing with challenging learners](#)

